



In order to ensure confidentiality of personal information, Standard Life will establish a disability claim file in which information concerning all of your disability claims will be kept. Only employees or authorized agents of Standard Life responsible for the management of your claim shall have access to the file.

Instructions for:

A. The Participant:

- 1. Please complete the "Participant Statement" section.
- 2. Please ensure that the Policyholder completes the "Policyholder Statement" section.
- 3. Please ensure that your Physician completes the "Attending Physician's Statement Psychological Conditions" if the primary reason for your absence from work is psychological or the "Attending Physician's Statement – Physical Conditions" for all other conditions. As well, please provide your physician with a copy of your completed Participant Statement so that the physician will have your signed authorization to release information to The Standard Life Assurance Company of Canada.
- 4. Please note that any costs incurred in the completion of the "Attending Physician's Statement" are your responsibility.
- 5. Please ensure that all of the above-mentioned forms are submitted to Standard Life on a timely basis. sending them in together in order to avoid unnecessary delays in the assessment of your claim.
- 6. Please complete the direct deposit authorization at the bottom of this page if you are not already using direct deposit with Standard Life. The form should then be submitted with your claim in order to have your benefits deposited directly into your bank account, should your claim be approved.

- B. The Policyholder: 1. Please complete the "Policyholder Statement" section.
 - 2. In order to avoid unnecessary delays in the processing of Long Term Disability claims (without Weekly Indemnity), we ask that these forms be completed and sent to Standard Life as follows.

For policies with an Elimination Period of:

- 90 days, completed forms should be sent to us as of the 50th day of absence.
- 105 days, completed forms should be sent to us as of the 60th day of absence.
- 120 days, completed forms should be sent to us as of the 75th day of absence.
- 17 weeks, completed forms should be sent to us as of the 11th week of absence.
- 26 weeks, completed forms should be sent to us as of the 20th week of absence.

C. The Physician:

1. Please complete the appropriate "Attending Physician's Statement", depending on the nature of the primary diagnosis.

DIRECT	DEPOSIT AUTHORIZATION						
Policy No. Certificate No.	Participant's Surname	Given Name(s)					
Name of Financial Institution	Address of Financial Institution						
Type of Bank Account: Chequing (please attach a per Savings (please complete the Direct Deposit: Transit No. Bank No.							
I authorize Standard Life to credit all my benefit payments to the account mentioned on this form. I certify that the information provided on this form is accurate, and I agree to inform Standard Life of any subsequent changes. I accept that this agreement may be cancelled at any time by either Standard Life or myself, in writing or verbally.							
Participant's Signature		Date					
Signature of Account Holder, if other than Participant		Date					



Disability Claim Form - Initial Assessment

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If YES, please provide the date DDDMMMYYYYYY

CLAIMS DEPARTMENT

MONTREAL P.O. BOX 4002 POSTAL STATION "B" MONTREAL, QC, H3B 4M2

Do you have an expected date of return to work? ☐ YES ☐ NO

TORONTO P.O. BOX 4105 POSTAL STATION "A" TORONTO, ON, M5W 2P4

CALGARY P.O. BOX 210 CALGARY, AB, T2P 4M6

PARTICIPANT STATEMENT

To be completed by the participant. Please note that all questions must be answered in as much detail as possible.

Section A: General Information	
□ Mr. □ Mrs. □ Ms. Sex: □ Male □ Female	Date of Birth: DDDMMMYYYYY
Surname Given Name	Middle Name
Street Address	City
Province Postal Code	Telephone Number ()
Policy # SIN #	Certificate #
Name of Employer (and division if different)	
Occupation (just prior to last day worked)	_ Original Date of Hire D D M M Y Y Y Y Y
Language: ☐ English ☐ French	
Tax exempt	
Other current Employer	
Section B: Claim Information	
Was the reason you stopped working due to: Motor Vehicle Accident (not vehicle accident, please submit a police or collision reference to the place of the plac	
	_
When did you first notice these symptoms? DDDMMMYYYYY	
When were you first treated by a physician?	
Have you ever had the same or similar illness or injury? ☐ YES ☐ NO	
If YES, please provide the dates and name(s) of physicians who treated you at the	nat time
Please describe the major duties of your occupation	
Please describe the major duties of your occupation	

Date



PARTICIPANT STATEMENT (continued)

Section C: Health Care Professional Information

Policy #

	re professionals you have consulted in a ractors, psychologists, etc. If the space professionals.			•			
Name	Consulted fro	om D D M M	YIYI	Y Y to	DD	M M Y	Y Y Y
Telephone # ()	Fax # ()		Specialty .				
Name	Consulted fro	om D D M M	YIYI	γ γ to	DID	мімі у	
Telephone # ()	Fax # ()		Specialty .				
Name	Consulted fro	om D L D M L M	lvivi	vıvl to	اميما	MIMLY	
Address		D D W W			0 0		
	Fax # ()		Specialty .				
Sastian D. Other Income	luf						
Section D: Other Income I		6.11					1
a copy of your notice of acce	e receiving any income from any of the ptance, if applicable:	following source	s, please (complete	the follow	wing and	submit
Source	Claim #, Contact Name, Telephone #	Have you Yes	ı applied? No	Are you Yes	receiving p No	ayment? Pending	Monthly Amount
Worker's Comp / CSST							
Canada Pension Plan - Disability							
Canada Pension Plan - Retirement							
Quebec Pension Plan (RRQ) - Disability							
Quebec Pension Plan (RRQ) - Retirement							
Employment Insurance							
Auto Insurance							
Other Insurer							
I authorize any health care pro er, or any other person or orga of Canada all medical, financial I authorize The Standard Life validity of my claim. I accept my pertinent prior claims und I consent to the use of my So database, and that it is my re	chorization and Declaration of essional, hospital, clinic, pharmacist, production in possession of information coal, or other information deemed relevant Assurance Company of Canada to contend that Standard Life and/or their author der the same plan for the management esponsibility to contact my employer if contained in this form is true and comation is valid as the original.	ncerning myself to by Standard Life, aduct all necessary rized agents will u t of my claim and ship number und I prefer to use and	permitting investigates the inference of the produce of the producer the place of t	o The Stang the assess ations required or the control of the contr	idard Life isment of uired in o provided statistical	Assurance my claim. order to vel in this for reports.	e Company erify the orm and in
Name (plea	se print)			Signature	-		—



Disability Claim Form - Initial Assessment

CLAIMS DEPARTMENT

MONTREAL P.O. BOX 4002 POSTAL STATION "B" MONTREAL, QC, H3B 4M2

TORONTO P.O. BOX 4105 POSTAL STATION "A" TORONTO, ON, M5W 2P4

CALGARY P.O. BOX 210 CALGARY, AB, T2P 4M6

POLICYHOLDER STATEMENT

To be completed by the Policyholder. All questions must be answer	zieu iii us much aetaii as possible.
Section A: Policyholder Information	
Name of Policyholder (Employer/Union/Association)	
Name of Subsidiary or Division (if different)	
Address	
Section B: Participant Information	
Surname Given Name	
Policy # Division	Class
SIN # Certificate #	Permanent Employee? 🗆 YES 🗀 NC
Nature of request for benefits:	
☐ Weekly Indemnity ☐ Consulting Services ☐ Long Term Disability ☐	☐ Waiver of premiums ☐ Dismemberment
Please provide the date on which this participant was first covered under this poli	cy: DID MIM YIYIYIY
Was the coverage in force when the absence began / loss ocurred? \Box YES \Box N	NO If "NO", please comment
What was the participant's: date of hire? DDDMMYYYYYY last of	date of work? DDDMMMYYYYYY
If already back at work, what was the start date? \Box Part-time $\lfloor D \mid D \mid M \mid M \mid Y \mid Y$	Y Y G Full-time D D M M Y Y Y Y
What was the participant's main reason for absence: ☐ Illness ☐ Motor Vehicle Accident (not wh	☐ Injury away from work ☐ Occupational Illness or Work Accident
Please indicate the hours of work in a normal week:	
Mon Tues Wed Thur Fri	Sat Sun
(If shift work, please provide work schedule)	
What was the participant's gross weekly salary as of his / her last day of work? $\$ _	·
Was the participant: ☐ Salaried ☐ Hourly	
Personal Income Tax Exemptions: Federal \$ Provincial \$	
Personal Income Tax Claim/Deduction Code: Federal Provi	incial
Did the participant receive any income during the disability period? YES	NO
If YES, please select one of the following:	
☐ Vacation ☐ Maternity Leave ☐ Employment Insurance ☐ Sick Days ☐	☐ Statutory Holidays ☐ Other
Amount \$ From DDDMMYYYYY To D	D MM Y Y Y Y Y
Has the participant submitted a claim to the following government bodies?	
□ WSIB /WCB/CSST □ EI □ CPP □ QPP (RRQ) □ Provincial Automobil	e Insurance Board







POLICYHOLDER STATEMENT (continued)

Section C: Occ	upational Information					
What was the par	ticipant's regular occupation	immediately prior to hi	s/her stoppin	g work?		
Were the particip	oant's duties modified from l	his/her regular occupa	ntion? 🗖 YE	S • NO		
Please describe th	nis employee's regular occup	ation (or attach a copy	of the com	pany's job description) a	s well as any modif	ications, if any
_	ysical Demands Analysis of t				•	
	te column, please specify the	_	ime (in hou	rs) the following activitie	es are regularly per	formed:
=	ne without a break (approxir ghout the day (approximate					
n) in total through	griout the day (approximate)			le colo		
		Physical Dei	nanas Ana	iysis I		
	1. Sitting			,	"	
	2. Standing					
	3. Driving					
	4. Bending					
	5. Climbing up and do	wn stairs				
	6. Lifting	0 - 10 pounds				
	J	10 - 20 pounds				
		20 - 50 pounds 50 + pounds				
	with lifting device?	•	_			
	7. Pushing / Pulling	0 - 10 pounds				
		10 - 20 pounds				
		20 - 50 pounds 50 + pounds				
Please describe t	he work environment (i.e. te	emperature, noise leve	els, chemical	/ dust exposure, etc.)		
Does the particip	oant wear personal protectiv	e equipment (i.e. safe	ty glasses / f	footwear, respiratory pro	otection, ear protec	tion, etc.)?
If YES, please des	scribe					
Land Control des	tofo constitue at a conficient to			-1		
I certify that the	information given above is t	rue and complete	D D M N	A Y Y Y Y Y		
	Name (please print)			Telep	ohone No	
Sign	ature of Authorized Representativ	re		Jo	b Title	



Disability Claim Form - Initial Assessment

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MONTREAL P.O. BOX 4002 POSTAL STATION "B" MONTREAL, QC, H3B 4M2 TORONTO
P.O. BOX 4105
POSTAL STATION "A"
TORONTO, ON, M5W 2P4

CALGARY P.O. BOX 210 CALGARY, AB, T2P 4M6

ATTENDING PHYSICIAN'S STATEMENT (PHYSICAL CONDITIONS)

In order for Standard Life to properly assess your patient's claim for Disability Benefits, it is important that you answer the following questions in as much detail as possible.

Please note that any costs incurred in the completion of this form are the responsibility of the patient.

Section A: Information about the patient	
Surname Given Name	Middle Name
Date of Birth D D M M Y Y Y Y Y Height	Weight
Section B: Diagnosis	
What is the primary diagnosis?	
When did symptoms first appear or date accident occurred	DID MIM YIYIYI
What was the date of the patient's first visit for his / her current	condition D D M M Y Y Y Y Y
What was the date of the patient's first visit during the present	period of absence from work D D M M Y Y Y Y Y
If the patient has a cardiac condition, what is his/her current fun	nctional capacity based on the American Heart Association classification
☐ Class 1 (No Limitation) ☐ Class 2 (Slight Limitation) ☐	Class 3 (Marked Limitation) □ Class 4 (Severe Limitation)
What is the patient's blood pressure?	urrent Previous D D M M Y Y Y Y Y
If your patient has a back/spinal condition, have an X-ray, MRI,	or any other tests been performed? YES NO
If YES, please attach a copy of the results of the X-rays, MRIs, or	any other tests which may have been performed.
Is there a Secondary Diagnosis or additional complication which	h might affect the duration of absence from work?
If YES, please elaborate	
Please provide a complete list of the patient's symptoms (includ	ling severity and frequency), identifying which of the symptoms listed
What are the patient's current limitations (things that he/she ca	annot do)? Please be specific.
What are the patient's current restrictions (things that he/she sh	hould not do)? Please be specific.
Please indicate the date the patient stopped working based on	your recommendation D D M M Y Y Y Y Y Y

D D M M Y Y Y Y

If a potential return to work date has been discussed, please provide the date





ATTENDING PHYSICIAN'S STATEMENT(PHYSICAL CONDITIONS) (continued)

Has the patient ever had the same or similar condition?	□ YES □ NO	If YES, please provide d	ates and describe
Is the patient's condition due to injury or sickness arising	-	-	0
If the patient was/is pregnant, please indicate the date of	-		IIM Y I Y I Y I Y
Section C: Treatment			
Frequency of patient visits: Weekly Bi-weekly Please detail the patient's past and present treatment (e	,	ther urgery) as well as respo	
Has the patient been hospitalized? □ YES □ NO If			
Please list all of the medications that the patient is curre		dosage and date prescr	
Medication	Dosage		Date prescribed (D/M/Y)
If this patient was referred to you, please provide the na			area of specialty
Signature		D D M I	M Y Y Y Y Y Y Date
Name (please print)			Specialty
Address			
() Telephone No		()	Fax No



Disability Claim Form - Initial Assessment

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P.O. BOX 4105
POSTAL STATION "A"
TORONTO, ON, M5W 2P4

CALGARY P.O. BOX 210 CALGARY, AB, T2P 4M6

ATTENDING PHYSICIAN'S STATEMENT (PSYCHOLOGICAL CONDITIONS)

In order for Standard Life to properly assess your patient's claim for Disability Benefits, it is important that you answer the following questions in as much detail as possible.

Please note that any costs incurred in the completion of this form are the responsibility of the patient.

Section A: Information ab	out the patient	
Surname	Given Name	Middle Name
Date of Birth DDDMM	Y Y Y Y Height	Weight
Section B: Diagnosis		
Please indicate the diagnosis	using DSM – IV Multi axial evaluation	nomenclature and code numbers
I		
II		
III		
		inht effect the duration of above a form word? DVEC DNO
	s or additional complication which mi	ight affect the duration of absence from work? ☐ YES ☐ NO
•		g severity and frequency), identifying which of the symptoms listed
		g corons, and nodeons, , , across, ing
When did symptoms first app	ear DIDMMMYIYIYIY	
Please describe the patient's i	nitial reason for seeking treatment. W	as there a precipitating event?
What was the date of the pat	ient's first visit for his / her current co	ndition DID MIM YIYIYIY
What was the date of the pat	ient's first visit during the present per	iod of absence from work D D M M Y Y Y Y Y
Is your patient's condition can	used directly or indirectly by his/her e	mployment?
What are the patient's curren	t limitations (things that he/she cann	ot do)? Please be specific
What are the patient's curren	t restrictions (things that he/she sho u	ıld not do)? Please be specific
Is your patient competent to	manage his own financial affairs?	YES □ NO
Please indicate the date the p	atient stopped working based on you	r recommendation D D M M Y Y Y Y Y
If a potential return to work o	late has been discussed, please provic	de the date D D M M Y Y Y Y



ATTENDING PHYSICIAN'S STATEMENT (PSYCHOLOGICAL CONDITIONS) (continued)

Section C: Treatment								
Frequency of patient visits:		onse to	treatment,	and compliance				
Has the patient been hospitalized? ☐ YES ☐ NO If YES, please provide the	name	of the l	nosnital(s) :	and the dates of co	nfinement			
This the patient been nospitalized. The Tes, please provide the	Tiurric		103prtai(3) t	and the dutes of co				
Please list all of the medications the patient is currently taking, including dosag	je and c	late pre	escribed					
Medication Dosage Date prescribed (D/M/Y)								
Section D: Functional Capacities Evaluation								
Please provide your opinion as to the extent of the patient's impairment in performing the following on a sustained basis: None: No impairment in this area Mild: Suspected impairment of slight importance which does not affect functional ability. Moderate: Impairment affects but does not preclude ability to function. Moderately Severe: Impairment significantly affects ability to function. Severe: Extreme impairment of ability to function.								
Moderately Severe: Impairment significantly affects ability to function.								
Moderately Severe: Impairment significantly affects ability to function. Severe: Extreme impairment of ability to function.	None	Mild	Moderate	Moderately Severe	Severe			
Moderately Severe: Impairment significantly affects ability to function. Severe: Extreme impairment of ability to function. 1. Ability to relate to friends and family members	None	Mild	Moderate	Moderately Severe	Severe			
Moderately Severe: Impairment significantly affects ability to function. Severe: Extreme impairment of ability to function. 1. Ability to relate to friends and family members 2. Ability to attend to personal care (bathing, cooking, etc.)								
Moderately Severe: Impairment significantly affects ability to function. Severe: Extreme impairment of ability to function. 1. Ability to relate to friends and family members 2. Ability to attend to personal care (bathing, cooking, etc.) 3. Ability to carry out household chores								
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